

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><i>July 2016</i></p> <p>Please call the senior center coordinator or meal manager 48 hours in advance to reserve a meal.</p>				<p>1</p> <p>Cheeseburger on Roll Baked Beans Pepper Slaw Watermelon Apple Pie</p>
<p>4</p> <p>Centers are closed for the Independence Day Holiday</p>	<p>5</p> <p>Beef Hot Dog Hot Dog Roll Ketchup/Mustard Baked Beans Tropical Fruit</p>	<p>6</p> <p>Chicken Florentine Casserole Rice Pilaf Whole Wheat Bread Cucumber Sour Cream Salad Diced Pears</p>	<p>7</p> <p>Turkey Burger w/Swiss Cheese on Roll Lettuce & Tomato Stewed Tomatoes Hot Fruit Cup</p>	<p>8</p> <p>Baked Chicken Calvados Wild Rice Wheat Bread Seasoned Spinach Plum Halves Vanilla Pudding</p>
<p>11</p> <p>BBQ Pulled Pork On a Roll Seasoned Pinto Beans Fresh Potato Salad Mandarin Oranges</p>	<p>12</p> <p>Italian Cold Cut Meat Provolone Cheese On Sub Roll Lettuce & Tomato Potato Salad/Cole Slaw Fruit Cocktail</p>	<p>13</p> <p>Baked Ham Slice Lima Beans Sweet Potatoes Rye Bread Tropical Fruit</p>	<p>14</p> <p>Roast Turkey Chunks in Gravy Brown Rice Pilaf 3 Bean Salad Mandarin Oranges</p>	<p>15</p> <p>Beef Eye Round w/Gravy Sliced Potatoes Cucumber & Tomato Salad Whole Wheat Roll Cinnamon Snap</p>
<p>18</p> <p>BBQ 1/4 Chicken Seasoned Greens Corn Muffin Diced Pears</p>	<p>19</p> <p>Cheddar Cheeseburger w/Cheddar on a Roll Baked Beans Cole Slaw Chilled Plums</p>	<p>20</p> <p>Baked Potato Tossed Salad w/Ranch Dressing Chili con Carne Shredded Cheddar Applesauce Wheat Bread</p>	<p>21</p> <p>Meatloaf w/Gravy Mashed Potatoes Copper Pennies Mandarin Oranges Whole Wheat Bread</p>	<p>22</p> <p>Roast Pork Loin Sweet Potatoes Green Pea Salad Cinnamon Apples Whole Wheat Bread Butterscotch Pudding</p>
<p>25</p> <p>Meatball Sub Shredded Cheese Club Roll Multi Bean Salad Hot Fruit Cup</p>	<p>26</p> <p>Chicken Stew w/Peas & Carrots Brown Rice Pickled Beets Tropical Fruit Whole Wheat Bread</p>	<p>27</p> <p>Brunswick Senior Center Picnic at the Brunswick City Park</p>	<p>28</p> <p>Closed for staff in-service and/or training</p>	<p>29</p> <p>Roast Turkey w/Gravy Mashed Potatoes Green Beans Whole Wheat Bread Fruit Cocktail Shortbread Snap</p>

Menus subject to change~

~Milk and Juice are served with every meal~